

FREE!

run · jog · walk · push

321 ORBITAL ²⁰¹⁵ CHALLENGE

Get active and discover new places

Run, jog, walk or push the sports unit's 3-2-1 routes.

run

There are sixteen waymarked routes around the Island, many in picturesque locations. The routes are in 1, 2 or 3km lengths and most are out-and-back courses - 41km total distance. At each end of each route is a letter on a small disc; write down each letter and solve the conundrum.

jog

walk

push

There are eight routes accessible to wheelchairs and pushchairs - 21km total distance.

The challenge starts Friday 7 August. Can you run, jog or walk all sixteen routes, or eight push routes, by Saturday 31 October 2015?

To join the 3-2-1 Orbital Challenge, check out the routes and download an entry form, visit iwight.com/sportsunit

For more information phone 01983 823818 or email sports.unit@iow.gov.uk

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